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**“Nice legs, Dr. Kamran!”**

Kym Davidson, Actual Patient

Dr. Kamran Goudarzi  
The area's leader and pioneer  
in the treatment of  
Varicose Veins • Spider Veins  
Aching • Swelling • Cramping

*Scarless*  
**VeinCare**  
by **Dr. Kamran**

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# 1 IN 3 SUFFER FROM VEIN PROBLEMS

How you can get a leg up By Eric Schraibman, North Carolina Territory Business Manager for Medi USA

Statistically 1 in 3 Americans suffer from some level of venous insufficiency. As deoxygenated blood moves from your feet to your heart there are valves within the veins that open and close to prevent this blood from back flowing. However, these valves can malfunction whether it be due to heredity, age, pregnancy, occupation, obesity, or gravity causing the blood to reflux. This can result in several conditions such as spider veins, roping veins, or varicose veins. Having tired, swollen, painful ankles and legs can be a key indicator that you may suffer from some form of venous insufficiency.

Graduated Compression Stockings are considered the gold standard in treating venous insufficiency non-invasively as they have a two-fold effect on the vascular system. First off they have inward compression that helps those malfunctioning vein valves to open and close properly. Second, they are graduated as 100% of the compression is in the ankle, 70% in the calf, and if wearing a thigh high 40% compression in the thigh. This acts as a lever for the venous return. Graduated compression stockings are for the ambulatory patient, and are not TED hose which are solely intended for the recumbent patient, always remember "TEDs are for beds."

While compression stockings can be helpful to prevent future varicosities and spider veins, as well as reduce the level of venous insufficiency in your legs only a Board Certified Phlebologist and Vascular Surgeon can properly treat your legs for venous insufficiency. Dr. Kamran Goudarzi of Scarless Vein Care is a true innovator in this field as he consistently updates his procedures and techniques to justify naming his clinic "Scarless Vein Care." Along with his talented team of dedicated professionals Dr. Kamran is able to offer his patients an experience that helps his patients get back on their feet so they are looking and feeling great.

Scarless Vein Care has teamed up with Medi Compression Stockings, the number one manufacturer of compression stockings in the world. This is due to Medi offering its

patients the most accurate and precise measurements in the industry resulting in a more custom fit allowing for better compliance and results. Also, Medi is dedicated to providing its patients a compression stocking that is every bit as fashionable and luxurious as any other high end sock or stocking on the market, whether it be their Sheer & Soft line which is the sheerest and softest stocking in the industry or For Men which is a designer men's sock both coming in an array of colors and styles. Dr. Kamran is also one of the only US carriers of Medi's European Fashion Lines ranging from lush magentas to rich blues. For those who consider themselves athletes, there is our CEP sock that will improve arterial circulation by up to 40%, using 6% less energy during performance. A medical study showed a 5% reduction in marathon runners times (avg. of 10-12 minutes), 30% improvement in recovery due to the breaking down of lactic acid, and aids in the prevention of injuries such as shin splints and calf cramps. With Medi USA's headquarters and manufacturing plant located in Whitsett, NC Dr. Kamran is helping to support this local economy.

The partnership between Scarless Vein Care and Medi has been a great one. Together they are providing the best treatment available for venous insufficiency. This is why when Dr. Kamran's patients walk down the street wearing Medi compression stockings it is not uncommon to hear, "Nice legs Dr. Kamran." Scheduling a consultation with Dr. Kamran is the first step in achieving this goal.



Compression hose today come in a variety of styles and colors. From athletic socks to high fashion hosiery, your legs can look and feel great for any occasion.



Kamran Goudarzi, MD

*Kamran Goudarzi, MD is one the nation's leaders and pioneers in the scarless treatment and elimination of varicose and spider veins. One of the first surgeons in the United States to achieve board certification by The American Board of Phlebology (the study of venous disease), Dr. Kamran has now performed thousands of successful procedures in the field. With extensive training in both the US and Great Britain, Dr. Kamran has remained on the forefront of the latest breakthroughs in the treatment of venous disease.*