

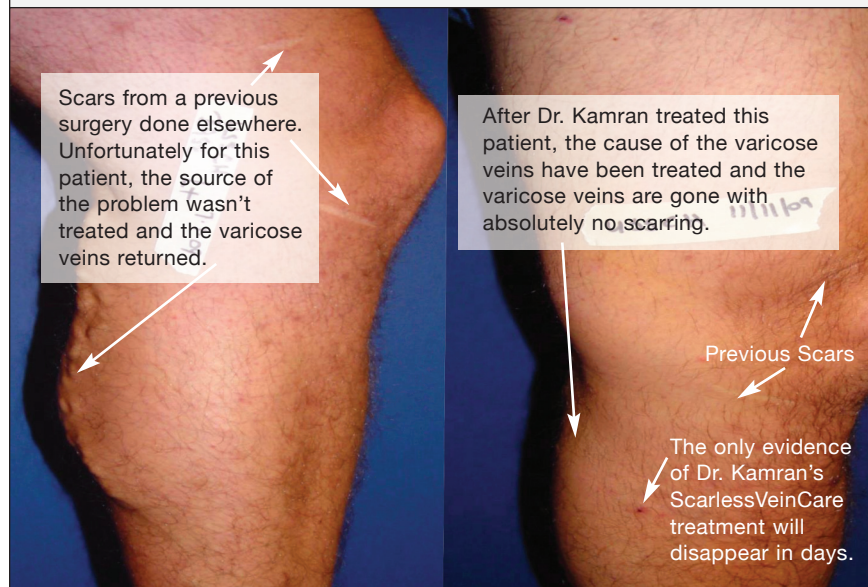
## SCARLESSVEINCARE

### Don't strip for varicose veins!

by Kamran Goudarzi, MD

**O**kay, the headline is a bit of a strip "tease", but the point is a serious one worth considering. First, there are a couple of questions we should ask.

**What are spider veins and what are varicose veins?** Spider veins, like their name infers, resemble spiders with a central "body" and small vessels running from them. They are usually cosmetic but some cause stinging, burning sensations. They can suggest venous insufficiency, particularly if you have them on the inside of your ankles.



Varicose veins are larger, "ropey" veins. They can be asymptomatic or cause pain, burning, itching, night cramps and heaviness. The majority of patients I've treated cite the relief of night cramps as the most welcomed result of treatment. Other symptoms are skin rashes on the lower legs, increased pigmentation, thickening of skin, leg ulcers, infections and swelling just to mention a few. Most, if not all, varicose veins suggest some degree of venous insufficiency.

#### I think I may have varicose or spider veins. What should I do?

Get a free consult. Get more than one. The more research you do, the more educated decision you can make. Don't risk time, money or your health without knowing the facts.

If you have no symptoms but don't like how they look, there are various effective treatments available on a self-pay basis. If symptoms exist, chances are your insurance company will cover the cost. Insurance policies vary. I bring my most experienced insurance clerk

(over 30 years) to each one of my initial consultations to inform me and the patient of their particular policy's details.

#### So, why should I not strip?

As a surgeon, I had been stripping varicose veins for about 15 years. It was a brutal operation for the patient with a 40% recurrence rate. Once laser ablation was approved in 2000 by the FDA, I became one of the first to offer it in all of North Carolina. Eleven years and over 6,000 cases later, I sincerely believe that no one should ever have to suffer through having their veins stripped.

Laser ablation is done in my office, the procedure takes about 30 minutes and is relatively painless. My technique involves no cutting or suturing, in other words, scarless! And my recurrence rate is less than 2%.

#### It just keeps getting better.

It has always been important for me to stay at the forefront of technology in order to offer the best treatment available to my patients. With exciting advances, like a wavelength laser that causes no post-op bruising or pain and Veinwave, which allows you to go into the sun immediately and does not require stockings, the future is truly bright. And, even if you have to wear stockings, we provide the latest styles in a variety of colors. No one will ever guess you're wearing compression hose.

The great news is that you don't have to live with varicose veins for the rest of your life. You no longer have to hide your legs. You no longer have to wear long pants during a Wilmington summer. Relief is now in sight. Take full advantage. You owe it to yourself.



#### About Dr. Kamran

Dr. Kamran Goudarzi (Dr. Kamran, for short) is a board certified surgeon who has been in practice for 26 years. One of the few American College of Phlebology board certified surgeons in the nation, Dr. Kamran is proud to call Wilmington home along with his wife of 18 years, Tonia, and their three beautiful children. Dr. Kamran graduated medical school from the prestigious University of London, England. A member of

the Royal College of Surgeons, he is a Fellow of the International College of Surgeons and the American College of Surgeons. Dr. Kamran is doubly certified in general surgery and in phlebology. One of the pioneers of scarless vein care in North Carolina, Dr. Kamran currently is Chief Surgeon of ScarlessVeinCare in Wilmington, Shallotte, Clinton, Wallace and Fayetteville.

# "Nice legs, Dr. Kamran!"

Kimberly Chidester  
Actual Patient



**The best way to eliminate varicose and spider veins. No stripping. No scarring.**

*Most insurances accepted.*

## ScarlessVeinCare

**Kamran Goudarzi, MD**  
Board Certified General Surgeon & Phlebologist

**Because where you choose to be treated makes all the difference.**  
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