

“Nice legs, Dr. Kamran!”

Michelle Maneval, Actual Patient

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SCARLESS VEIN CARE

by Dr. Kamran Goudarzi

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photo by Patricia Roseman

LEGS 101

Uncover and rediscover your legs this season

Did you know? It is estimated that up to 55% of all women and 40% of all men suffer from some form of venous disorder.

Treatment typically takes less than two hours in the office.

A laser procedure takes less time to perform, less time in recovery, and less pain during and after the procedure than most other methods. Plus, there's no scarring!

What are spider veins?

Spider veins or broken capillaries are the small and irregular veins that are purple or blue in color with a web-like appearance. In many cases, achieving good results in the treatment of spider veins depends on the successful treatment of both the deep vein system and feeder veins. This simple fact is commonly ignored by less experienced physicians, which often leads to the spider veins returning later.

What are varicose veins?

Varicose veins are abnormally swollen or stretched veins that bulge from the surface of the skin in a rope-like manner. This occurs when valves become incompetent and prevent normal blood flow from the larger deep veins into the smaller superficial veins.

What are the symptoms?

Sadly, many people (and even physicians for that matter) don't associate these common symptoms with venous disease. Burning, itching, pain, swelling, leg fatigue, heaviness, throbbing, ankle swelling, muscle cramps and night cramps are all common symptoms of venous disease.

What are the causes?

Varicose veins are a progressive disease. Heredity is the most common factor for developing varicose veins. Other causes include pregnancy and obesity. Standing for prolonged periods of time or on a regular basis may also aggravate the problem by allowing blood to pool in the vessels of the legs.

What are the treatments?

The most successful treatment begins with a complete and comprehensive evaluation of your vein problems by a trained and qualified medical team. A good treatment plan is based on an ultrasound mapping of your vein system to find the root of each individual's problem. Each case may have more than one option for treatment and may require a combination of treatments. Those can include:

- **EVL:** Non surgical endovenous laser treatment (EVL) is a quick, minimally invasive laser procedure that leaves no scar and can be performed right in the office. The treatment itself takes less than an hour.

- **Veinwave:** Veinwave is the newest treatment for spider veins. This simple and affordable procedure is effective on any part of the body and leaves no scarring. There is no recovery time and you can immediately go into the sun.

- **Sclerotherapy:** Sclerotherapy is a non-invasive method of injecting a medicated solution into the diseased vein. The vein immediately shrinks and then over a period of a couple weeks begins to dissolve completely away. The procedure takes place right in the office and takes only minutes.

What are my payment options?

Treatment and procedures performed for large varicose veins are generally covered by most insurance plans. However, most insurance plans do not cover the treatment of spider veins. There are other payment options available as well, such as self-pay and Care Credit. Care Credit offers no-interest payment plans. Our staff can help clarify the details of your insurance coverage and help explain alternative methods of payment available to you.

What are patients saying?

"For me, maintaining an active lifestyle is a top priority. So, when I face an obstacle, like I did with varicose veins, I feel like I owe it to myself to eliminate that obstacle. With Dr. Kamran, not only was that possible, it was virtually painless." ~ Michelle Maneval

"My mom and I had been suffering from leg pain and leg cramps for years. We went to Dr. Kamran and, after being treated, it was just rejuvenation. He truly has given us a new beginning and he's our hero." ~ Kimberly Chidester

Who is Dr. Kamran?



Kamran Goudarzi, MD

Kamran Goudarzi, MD is one the nation's leaders and pioneers in the scarless treatment and elimination of varicose and spider veins. One of the first surgeons in the United States to achieve board certification by The American Board of Phlebology (the study of venous disease), Dr. Kamran has now performed thousands of successful procedures in the

field. With extensive training in both the US and Great Britain, Dr. Kamran has remained on the forefront of the latest breakthroughs in the treatment of venous disease.

How do I get a free consultation?

Simply call the number below, or you can go online and request an appointment as well.

910-798-LEGS (5347) | 1-855-4VEINCARE (1-855-483-4622) | scarlessveincare.com